Commentary



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## Commentary: Trust behavior in Parkinson's disease: results of a trust game experiment

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## Article Info

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Parkinson's disease (PD) is characterized by a combination of levodopa responsive motor symptoms (akinesia, rigidity, postural instability including impairment of gait and posture, resting tremor) and vegetative, sensory, cognitive and neuropsychiatric changes<sup>1</sup>. Cognitive function attributed to the frontal lobes and their connections, such as planning of complex decisions and efficient strategies, may be involved in the early phase of PD and PD related dementia<sup>2,3</sup>. Trust in a person is the belief or conviction that this person fulfils certain positive expectations. Trust is essential for the functioning of relationships of persons. Studies have demonstrated that trust behavior involves neuronal circuits of the basal ganglia, the frontal lobes and the limbic system, which may be affected in PD<sup>4-6</sup>. Moreover, PD patients may exhibit anxiety, depression, or psychosis, which may compromise trustful reasoning and behavior<sup>7</sup>. The question arises whether or not trust behavior differs between PD patients and normal controls. To test trust behavior in PD in nondemented, non-apathetic PD patients Javor et al.<sup>4</sup> chose a frequently used and easily understandable paradigm of trust, the Trust Game,<sup>8</sup> in which emotionally neutral faces of young persons (age 20-30, gender equally distributed, 16 faces of avatars and 16 of real persons) were consecutively presented on a screen. The test person judged the financial trustworthiness of these individuals, as follows: The test person (trustor) sent a certain amount of money (maximum 10 Euros) to the trustee, which the investigator multiplied by 6. The trustee then decided whether or not he/she would send money back to the trustor, and, if yes, which amount. Twenty (10male, 10 female) non-demented (Mini Mental State Examination score >26, mean±standard deviation (SD)28.4±1.6), otherwise healthy PD patients on levodopa therapy (15 patients also on a dopamine agonist) were included. The age of the PD patients was 72.3±9.16 (mean±SD), disease duration 39±41months, UPDRS motor score 19.85±10.6, Hoehn and Yahr score median 2. Patients presented no evidence of apathy, impulsive or compulsive behavior. PD patients were compared to twenty healthy control subjects matched for age, gender, income class, Mini Mental State Examination scores and confession.

In order to test whether or not risk taking interferes with trust behavior, the Trust Game was combined with a Game of Dice task<sup>9</sup>. A virtual dice and a shaker cup were presented on a screen. In each of 18 trials (dice rolls) test persons guessed which number would come up on the next roll. They could choose one of the various single numbers of the dice or a combination 2,3 or 4 different numbers. The higher the risk (i.e. the lower the number of choices) the higher was the gain of the trial. Choosing one or two numbers was considered as high-risk behavior.

The results of the Trust Game and the Game of Dice task differed

between the PD patients and healthy control persons. In the Trust Game, the mean investment sum of PD patients was significantly lower than that of healthy control persons (mean 3.43±2.0 versus 5.53±1.56 Euros), whereas in the Game of Dice task, the number of high-risk choices (one or two number choices) was significantly higher in the PD group than in the controls (mean 10.2±3.93 versus 7.05±3.62). Disease duration, medication or severity of PD did not determine trust behavior. One cannot rule out that the facial recognition differed between the PD patients and the control persons. The PD patients were free of symptoms of major neurocognitive or neuropsychiatric symptoms including also apathy. Therefore, dementia or neuropsychiatric symptoms might not determine the findings. It is possible that the PD patients chose a more cautious strategy in the Trust Game (harm avoidance versus a chance of immediately available financial reward<sup>10,11</sup>). The Trust Game was a novel situation (participation in a trust paradigm for the first time) and there was limited information about the trustee (only the facial expression). In summarizing, the study suggests that PD patients are reluctant to transfer money to a person who is only visually assessable. On the other hand, PD patients tend to make more risky decisions than control persons in a rather familiar paradigm (Game of Dice). This altered trust and risk taking behavior could play a relevant role in everyday life, in particular concerning money transfer and investment, but also in the relationship to medical personal and therapies. One may criticize that the data was obtained in small collectives. However, the patients and the control subjects were carefully selected and comorbidities ruled out. Moreover, the differences between the groups were significant although the groups were small. It is likely that reduced trust of PD patients is due to specific neuropsychological factors, which are unrelated to dementia or neuropsychiatric symptoms and

might be due to differential assessment of trustworthiness of natural faces, maybe different emotional recognition of faces in PD compared to controls<sup>12</sup>.

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